# APPLICATION FORM ANAMCARA APPRENTICESHIP PROGRAMME SACRED ART OF LIVING CENTRE

Workshops in Dublin 21-23 October 2016 and 15-17 June 2017

#### This form consists of 4 sections

- 1. Personal Details
- 2. Reflection Essays
- 3. References
- 4. Checklist & Agreement

# Before starting the application

- Read through this form and gather the information you will require.
- Sign and send the Data Protection & Confidentiaity Agreement Form to Our Lady's Hospice & Care Services<sup>1</sup>.
- Ensure you have submitted the non-refundable processing fee of €30 to Our Lady's Hospice & Care Services.

# If you have completed the Anamcara programme before

Tick here and just fill in your contact details in Section 1 and tick the data protection & confidentiality statement in Section 4
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<sup>&</sup>lt;sup>1</sup> Data Protection & Confidentiaity and Payment forms will be sent to you from Our Lady's Hospice & Care Services

# SECTION 1 PERSONAL DETAILS

Full Name			
Date of Birth	□ Female	e 🗆 Male	
Mailing Address			
E-mail addreess/es			
Phone Contact (incl country code)			
Current Employment Status	☐ Caregiver ☐ Volunteer ☐ Retired ☐ Self-employed	□ Employee □ Other	
If relevant, provide the following employment data: Please note information provided will not be shared with your employer or and Company/Agency of Employment			
Location			
Current Position/Title			
Formal Education			
Tick completed categorie	es:   Secondary School   Bachelor Degree   Masters Degree	□ Doctorate □ Trade School	
Other (please describe)			
Year of Graduation			
Institution			
Location			
List other professional diplomas/certificates			
•			
<b>Spiritiaul History:</b> At the heart of the Anamcara tradition is a quality called 'soulfulness'. Anamcara apprentices will be asked to consider what it means to be faithful to a spiritual path (not necessarily formal religious membership) – including some form of regular contemplative practice that respects their spiritual orientation.			
Family / Personal Faith Traditions	Family / Personal Faith		
Current Spiritual Path and/or Faith Tradition (inc. no years involved)			
Significant influences			
on your spiritual life			
Have you had experience If YES please describe.	in spiritual direction and/or psychotherapy YES   NO		
Ordination History (if applicable)	Year Denomina	tion /Tradition	

Please check the following Sacred Art of Living Center programmes which you have attended. If you recall the year and/or location that you attended, please note this next to the programme. Where relevant, also indicate if you have completed course work similar to those offered by Sacred Art of Living Center.

			YEAR		LOCATION
Unit 1 Understanding Spiritual Pain					
Unit 2	Diagnosing Spiritual Pain				
Unit 3	Healing Spiritual Pain				
Unit 4	Transforming Spiritual Pain				
Anamcara Prograi	mme				
Soul & Science for	Caregiving Series				
I have participated	d in a Circle of Trust study group	YES 🗆	NO 🗆		
If Yes, please indic	cate location				
Have you graduat	ed from a similar two-year course for t	he training of S	piritual Directors?   Yes	□ No	
If yes, when and v					
Are you currently involved with the work or ministry of spiritual direction as a   □ Director and/or □ Directee			□ Directee		
If YES please describe					
	•				
Enneagram Studies Programmes  An introduction to Enneagram theory is required prior to the start of the October, 2016 Anamcara Programme; Applicants may attend one of the programmes offered by Sacred Art of Living Center or their equivalent.					
Have you attended Spirit of the Enneagram [two-day programme offered by Sacred Art of Living Center]  YES   NO   NO			YES - NO -		
If Yes, please indicate Year and Location Year & Location					
Attended Equivalent introduction to the Enneagram. If Yes, please indicate Year & Location & brief description of type of training attended.					
Attended Advanced Enneagram Study/Training If Yes, please indicate Year & Location					
If you have NO Enneagram training - have you booked to attend Spirit of the Enneagram 17-18 October 2016 at Our Lady's Hospice, Dublin				YES - NO -	

Should you be accepted into the Anamcara programme, there will be opportunities to consider many applications for the Anamcara experience—both for professional and lay interns. The following questions will help the Acceptance Committee better understand your interests and abilities; they will also assist in the design of Training Modules for Year Two of the programme.

Would you best fit into a professional or lay focus for the Anamcara Apprenticeship? (Tick one)			
□ <b>Professional focus</b> presumes that a certified health care professional or faith community leader would incorporate and apply the skills of the Anamcara training in their place or role of employment.			
□ Lay Focus includes volunteers for hospice, lay ministry, work with loss or aging, etc.]			
In which of the following venues might you be interested in associating as an Anamcara apprentice (Year Two)? Note that you are not required to make a selection at this time.			
□ Health Care □ Hospice □ Faith Community □ Aging & Elder Care □ Other			
□ Education □ Business □ Community/Neighborhood □ Family System [describe]			
If you have a particular agency or organization in mind for your Anamcara experience, please include its name and location: No contact will be made at this time by Sacred Art of Living Center; this information is for the Application Committee only.			
A central requirement for the Anamcara Apprenticeship is the creation and execution of a Practicum Project as part of each training module. The Practicum for Year One focuses on the inner life. Year Two would apply one or more skills taught in the Training Modules in a real-life context.  If accepted, are you willing to enter into the process of implementing a Practicum Project?			
Please list any questions and concerns:			
The nature of the Anamcara Apprenticeship also requires that apprentices participate in a Céili Dé group during the intervening months between Opening and Closing Retreats. While Sacred Art of Living Center will assist in networking to create local circles of trust, there is no guarantee that such a group will be available in every prospective region or community. In the latter case, virtual communities will be created. This questionnaire can assist in determining whether a Céili Dé may be forming near you.  The Anamcara involves monthly meetings of a local Céili Dé/ Circle of Support consisting of 5-8 apprentices. Are you willing to participate in such a support group process?			
Please list any questions and concerns:			
Are you aware of other apprentice-applicants from your community or place of work? ☐ Yes ☐ No			
Optional: List names of prospective apprentices in your community that			
could network to form a circle of trust:			

#### SECTION 2 REFLECTION ESSAYS

# **INSTRUCTIONS FOR THE REFLECTION ESSAYS**

Respecting the essentially spiritual nature of the Anamcara tradition, the application process does not focus on issues of personal worthiness, professional credentials, or academic achievement. Readiness to become an Anamcara apprentice is based on vocation, life experience, spiritual maturity, and community needs.

- The following essays are an opportunity to reflect on and articulate your deepest motives and reasons for applying to the Anamcara Apprenticeship. The term "essay" is used here in a unique sense, namely, a very short yet well thought-through response to an important question.
- Remember that the Anamcara experience is as much about your own spiritual journey as it is about how you work with those whom you serve.
- It is recommended that you take each question to prayer or contemplation before writing.
- Do not be concerned about impressing those who will read your answers. Ultimately, a straightforward response from your heart is more valuable than a calculated answer.
- VERY IMPORTANT <u>Do not</u> submit 'essays' that are longer than 50 words per question!

ESSAY	TOPICS
1.	What is motivating you to apply for the Anamcara Apprenticeship at this point in your life? and/or How does the Anamcara fit into your sense of calling or vocation?
2.	Why do you believe you might be a good candidate for the Anamcara Apprenticeship?
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3.	If you imagine yourself in the position of wanting support from an "Anamcara" during a time of crisis, discernment or
	at the end of your life, what would you hope that person might bring in terms of their "being" as well as skills?
4.	What, if anything, might interfere with your participation and success in the Anamcara Apprenticeship?
5.	Design and answer your own essay question related to this process.

#### **SECTION 3 REFERENCES**

# REQUIRED REFERENCES

Applicants for the Anamcara Apprenticeship are required to include two [2] references at the time of application. References should include:

<b>PERSONAL REFERENCE</b> - i.e. Someone within your more immediate circle of family or friends who is willing to support your			
application to the Anamcara Apprenticeship— in terms of the commitment to time and energy that will be required.			
Full Name			
Mailing Address			
E-mail addreess/es			
Phone Contact			
(incl country code)			
Relationship			

<b>PROFESSIONAL REFERENCE</b> - ie., Someone who is willing to provide an endorsement for your participation in the Anamcara Apprenticeship. Only submit the name of a person with whom you have worked professionally, served in a volunteer capacity, or				
	whom you might approach to professionally support your Practicum Project. This reference should be a professional in a related			
field who can testify to	your ability to complete the requirements for the Anamcara Apprenticeship.			
Full Name				
Mailing Address				
E-mail addreess/es				
Phone Contact				
(incl country code)				
Relationship				

# **IMPORTANT INSTRUCTIONS**

- Please provide a copy of the Reference Form (attached) to the persons whom you have listed as references.
- It is recommended that you also provide your references with a copy of the Fact Sheet for the Anamcara Apprenticeship and your completed application. This will help to orient your references as to the nature, requirements and your goals concerning the Apprenticeship.
- Instruct your references to return their completed forms to Sacred Art of Living Center. Make sure that you impress the importance of sending the reference form as soon as possible.
- Include the names of your references with other required application items in your application to **Sacred Art of Living Center email:** Gwen@sacredartofliving.org.

# **SECTION 4 AGREEMENT & CHECKLIST**

#### **Agreement re Data Protection and Confidentiality**

By submitting this application form to Sacred Art of Living Centre and by ticking below you acknowledge and consent to the following conditions of participation in the Anamcara Programme.

#### 1. Data Protection

Your Anamcara application is submitted directly by you to the Sacred Art of Living Centre (SALC), based in the USA. Your personal data will be collected and processed by SALC in the context of your Anamcara application, registration and participation in the programme.

If you are accepted onto the Anamcara programme SALC will send your name (only) to Our Lady's Hospice & Care Services (OLH&CS) in Ireland. Your personal data retained by SALC will not be shared with OLH&CS or any other third party.

#### 2. Confidentiality

The Anamcara Programme involves work in small groups. What is disclosed within the group remains confidential, unless there are serious concerns about safety for the members of the group or for others outside of the group. Confidentiality may be broken if a risk of harm is disclosed. This includes if a child is or is at risk of being neglected or physically, emotionally or sexually abused or if a member of the group is at risk of harming themselves or somebody else.

	abused or if a member of the group is at risk of harming themselves or somebody else.
	I acknowledge and consent to the conditions above.
Cong	ratulations – you're almost done !
<b>Chec</b> I hav	
	Submitted the non-refundable processing fee of €30 to Our Lady's Hospice & Care Services  Completed and submitted the data protection & confidentiality form to Our Lady's Hospice & Care Services  Requested 2 people to submit a reference on my behalf.  Checked my availability for the workshops in October (21-23 ) 2016 and June (15-17) 2017
	Checked my finances to cover the cost of the programme.  Completed, checked, and am ready to email this application form.

# **Reference Form**

You have been asked to provide a reference for a candidate who is applying to a two-year formal Apprenticeship through **The Anamcara Project**. Please read the attached Facts Sheet for the Apprenticeship Programme. Based on your personal knowledge and experience of the applicant, please provide a brief answer to each of the following questions.

Name of Applicant for the Anamcara Apprenticeship				
Address				
Your F	ull Name			
How lo	ng have you know	n the applicant?		
	t capacity do you k	now the		
applica	int?			
1.	1. Based on your understanding of the nature and requirements of the Anamcara Apprenticeship, would you support the candidate in her/his application?   Yes   No  Uncertain			
2.	2. If your answer is "Yes," please give your personal assessment as to the candidate's abilities to enter into the Anamcara Apprenticeship If your answer is "No" or "Uncertain," please elaborate on your reasons.			
3.	Please describe the positive qualities you believe the candidate would bring to the Anamcara Apprenticeship—both in terms of skills and experience, but also in terms of their own personal "being."			
4.	4. The Anamcara Apprenticeship is based on a tradition that requires both service to others and personal commitment to spiritual practice. To the degree that you are able, please give your assessment regarding the candidate's capacities in regards to these essential requirements.			
5. Please feel free to add any other comments or observations about the timeliness and/or readiness of the candidate for the Anamcara Apprenticeship.				
Signature of Referee				
Print Name				Date

e-mail: Gwen@sacredartofliving.org

Fax: Gwen Yuill, Registrar at +00 1 541 383 0625.

Post Sacred Art of Living Center, P.O. Box 8720, Bend, Oregon 97708, USA. Attn: Gwen Yuill, Registrar Call Gwen, +00 1 541 383 4179 for questions regarding the Reference Form or the Programme.

Thank you!