

If you realize that all things change,  
there is nothing you will try to hold on to.

If you aren't afraid of dying,  
there is nothing you can't achieve.

Trying to control the future  
is like trying to take the master carpenter's place.  
When you handle the master carpenter's tools,  
chances are that you'll cut yourself.

*(Tao Te Ching, trans. by Stephen Mitchell)*

### A Spiritual Journey

And the world cannot be discovered by a journey of miles,  
no matter how long,  
but only by a spiritual journey,  
a journey of one inch,  
very arduous and humbling and joyful,  
by which we arrive at the ground at our feet,  
and learn to be at home.

~ Wendell Berry ~

*(Collected Poems)*